# CDU Receipt

**Building Powerful Confidence & Public Speaking Skills**

Whether we're talking in a team meeting or presenting in front of an audience, we all must speak in public from time to time and we can either do it well or do it poor! The outcome strongly affects how people will view us and whether we enhance our reputation and open new doors or close the doors to new opportunities & advancement.

The good news is that, public speaking and confidence are learned skills and it is never too late to learn them! Come learn basic presentation skills in the 21st century, how to build relationships with your audience and develop a winning speaking style. We will also learn how to handle every challenge without missing a beat and walk away feeling both confident and energized!

This is a phenomenal opportunity for you to interact and engage with others and learn from a leader in the field. This presentation is a must for every member!

**ID:** IIBACIC2019\_04
**Contact Hours:** 1

**BABOK Coverage:**  BABOK Ch 9 – Underlying Competencies

## Presenter(s)

**Julie Kowalski**

Julie Kowalski is a seasoned thought leader, consultant, executive coach and superb facilitator. She's also an energetic, and spirited professional trainer. Through her own working history, Julie has gained valuable insight and acumen into the science of what it takes to start and run successful businesses as well as the art of earning and retaining customer and employee loyalty. Julie maintains working relationships with a wide variety of business owners and executives from small family-owned businesses to Fortune 100 companies. Julie was named one of the "World's Most Creative Thinkers" by bestselling author Seth Godin (Purple Cow) and she possesses over 25 years of first hand business experience. Her accomplishments include personally starting and successfully managing multi-million dollar companies.

## Event Details

## **Date:** 25-Apr-2019 at 11 am

**Host:** Ruan Transportation Management Systems

**Location:** 666 Grand Ave, Des Moines, IA 50309

# Validation

This receipt is proof of attendance at the meeting described above by the following individual:

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Attendee Name